

# CPR Training Session

for the staff of  
Office of Administration

## *Resource Persons:*

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10:00 AM



Einstein Hall

ORGANISED BY: OFFICE OF ADMINISTRATRION



# CPR Training Session for Support Staff

Organised by: Office of Administration



- A comprehensive training session on **Basic Life Support (BLS) and Cardiopulmonary Resuscitation (CPR)** was conducted to equip support staff with the necessary knowledge and skills, to respond effectively to emergencies, in case any arises.

- **The Objective**

- To provide theoretical knowledge and practical skills for handling emergency situations requiring immediate life support
- To train supporting staff in performing effective CPR in accordance with established medical guidelines.



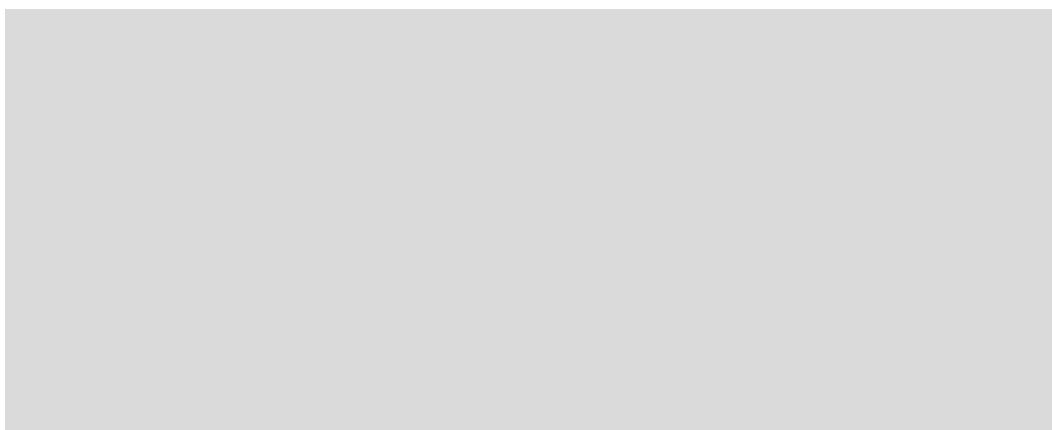




## TRAINING METHODOLOGY

- **Instructional Video:** Participants viewed a demonstration of proper CPR techniques and protocols
- **Practical Application:** Hands-on training using medical mannequins to practice chest compressions and rescue breathing
- **Knowledge Assessment:** A brief questionnaire administered to evaluate participants' comprehension of BLS principles
- **Supervised Practice:** Active participation by all supporting staff members (both male and female) in performing CPR techniques under professional guidance









- The session successfully
  - Enhanced participants' awareness of emergency response protocols
  - Developed practical competence in life-saving techniques
  - Reinforced the importance of prompt and appropriate action during medical crises



This training significantly improved staff preparedness for medical emergencies, ensuring the ability to provide immediate and effective life support when required.

Such initiatives are essential for maintaining a safe environment and potentially saving lives in critical situations.

We thank the Department of Nursing, CSHS for the resource staff and their effort!!

